

Health and Wellness Committee

Committee Members: Joan Seamans, Committee Chair; Mike Russo, Food Services Director; Kristin Flynn, Director of Finance; Marissa Smith, WHS PE Teacher; Lisa Myette, WES Health and Wellness teacher; WMS Nichole Wade, PE teacher, Melinda Jackson, parent; Catherine Meister, parent; Amy Munafo, parent.

Meeting Agenda

Health and Wellness Committee

Monday, January 23, 2023 · 5:30 – 6:30pm

Google Meet joining info

Video call link:

<https://meet.google.com/pup-ouiv-smb?authuser=0&hs=122>

1) Review draft minutes from the 11/14/2022 meeting. Approved minutes will be posted on the district website.

<https://docs.google.com/document/d/1XEhc6J17IMAggrgHBep5JTGqDhIkA7sD/edit?usp=sharing&oid=107868470040465337781&rtpof=true&sd=true>

2) Discuss WellSAT-1

https://drive.google.com/file/d/1-N5AOdYt766zC895eTglBqNSLX5_nN5W/view?usp=share_link WellSAT-1 Manual
https://drive.google.com/file/d/1oJhR8S9z2AF2dghVq60ym-VS701FkuLp/view?usp=share_link WellSAT-1 All sections
https://drive.google.com/file/d/1evw5TIGn0SjpleDrP8Fm9M6RSYRGXc-4/view?usp=share_link WellSAT-1 Scorecard

3) Discuss possible additional meeting added in February to review draft policy changes.

Future discussions

1) Changes that need to be made to the current policy. Draft due by February to Superintendent D'Andrea for review, then to the Policy Review Committee for their March meeting.

2) Other

Future scheduled meeting:

March 13, 2023 via Google Meet, 5:30 PM