

## **Health and Wellness Committee**

Committee Members: Joan Seamans, Committee Chair; Mike Russo, Food Services Director; Kristin Flynn, Director of Finance; Marissa Smith, WHS PE Teacher; Lisa Myette, WES Health and Wellness teacher; WMS Nichole Wade, PE teacher, Melinda Jackson, parent; Catherine Meister, parent; Amy Munafo, parent.

### **Meeting Agenda**

#### **Health and Wellness Committee Meeting**

**Monday, February 13 · 5:30 – 6:30pm**

#### **Google Meet joining info**

**Video call link: <https://meet.google.com/obz-xeom-msz>**

**Or dial: (US) +1 631-898-6455 PIN: 414 351 317#**

- 1) Review draft minutes from the 11/14/2022 and 1/23/2023 meetings. Approved minutes will be posted on the district website. 11/14/22 minutes: <https://docs.google.com/document/d/1XEHC6J17IMAggrgHBep5JTGqDhIkA7sD/edit?usp=sharing&oid=107868470040465337781&rtpof=true&sd=true>  
1/23/2023 minutes: <https://docs.google.com/document/d/14SAmUXZulqvBy1khua5bduD1b6JWxThc2F1omJTalaY/edit?usp=sharing>
- 2) Review Scorecards for WellSAT 3.0 [https://drive.google.com/file/d/1sen-MQqtETSuPxmR44O2eab6o36kcelr/view?usp=share\\_link](https://drive.google.com/file/d/1sen-MQqtETSuPxmR44O2eab6o36kcelr/view?usp=share_link)
- 3) Review Scorecard for WellSAT 3.0 and WellSAT-I [https://drive.google.com/file/d/1MBLv4BXC86svluDkvZ46Ur39tBQ90YNe/view?usp=share\\_link](https://drive.google.com/file/d/1MBLv4BXC86svluDkvZ46Ur39tBQ90YNe/view?usp=share_link)
- 3) Review revised draft of the School District Wellness Policy

#### Future discussions

Next Steps for Committee

Revised policy will be reviewed at the March 8th Policy Review Committee

Update of committee work to School Committee set tentatively for May

#### Next scheduled meeting:

Monday, March 13 · 5:30 – 6:30pm

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Video call link: <https://meet.google.com/ctb-gfzo-wmc>

Or dial: (US) +1 484-424-6734 PIN: 567 685 409#