

For more information:
warehamlandtrust.org
508-295-0211
engagement@warehamlandtrust.org



To register for this event
please go to our website
[http://warehamlandtrust.org/
category/events/](http://warehamlandtrust.org/category/events/)

Mindfulness Walk: Winter Series

Join WLT for a series of walks to learn practices to
reconnect with nature and remove yourself from the
stresses of everyday life!



Sunday, January 10, 2021 1-2pm

Westgate Conservation Area, Wareham

Sunday, January 31, 2021 1-2pm

Agawam River Trail, East Wareham

Sunday, February 21, 2021 1-2pm

Tweedy and Barnes, West Wareham



Sunday, March 14, 2021 1-2pm

Marks Cove, Wareham

COST: Free!

While these events are free, we have limited the number
of participants due to COVID-19, so please register at
<http://warehamlandtrust.org/category/events/>

